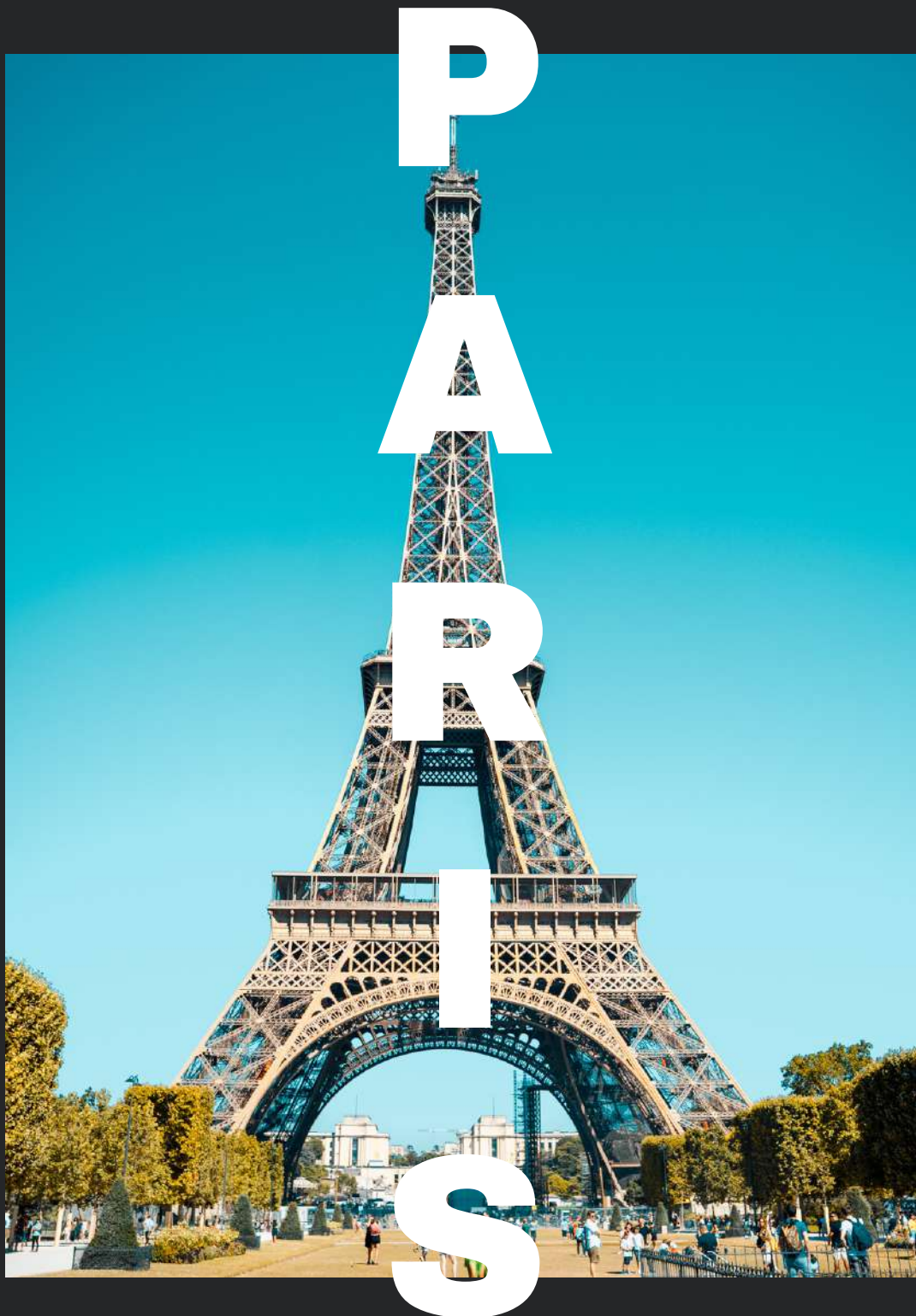


7 DAY TRAVEL ITINERARY TO



BY: TRAVEL AJENDA



Contents

About Me

3

What to Know
Before You Go

4

Daily Itinerary

5

Additional
Activities

13

Food & Drink

14

Shopping

15

Getting Around

16

Helpful Tools

18

Things to
Remember

19

Bonjour, I'm Jen

Travel Enthusiast |
Planner | Wine Lover |
Citizen of the World

Thank you for allowing me to
create your customized travel
itinerary to Paris, the City of Lights!

A little bit about me...

I am an American living in North Carolina that has a fierce passion for travel. I have travelled to 24 different countries (12 of which are in Europe) and 37 US States. I have visited Paris more than any other city and it is my absolute favorite city in the world! So, trust me when I say, you have come to the right person!

Now, let's talk all things **PARIS!!!**

P.S. Don't forget to follow me on social media!



BORDEAUX, FRANCE 2021



Paris: The City of Lights

What to know before you go

This comprehensive itinerary serves as a *suggested* itinerary for your trip. If you can't make it to everything on this list, that's okay! Paris is a large city with tons to see and plenty of nooks to explore. I suggest being flexible with your plans once you arrive as sometimes things change, the weather doesn't cooperate, or you simply find that you'd rather sit and people watch at a café then stick to a stringent schedule. Paris is truly one of the most amazing cities in the world, so get lost in its beauty and have fun!



Trip Itinerary

At a glance

DAY 1:

EIFFEL TOWER
CHAMP DE MARS

DAY 2:

LOUVRE MUSEUM	PLACE DE LA CONCORDE
TUILERIES GARDEN	MADELEINE CHURCH
MUSÉE DE L'ORANGERIE	PLACE VENDOME

DAY 3:

CHAMPS ELYSEE
ARC DE TRIOMPHE

DAY 4:

PALAIS GARNIER	RUE SAINT-HONORÉ
PRINTEMPS	PALAIS-ROYAL GARDEN
GALERIES LAFAYETTE	

DAY 5:

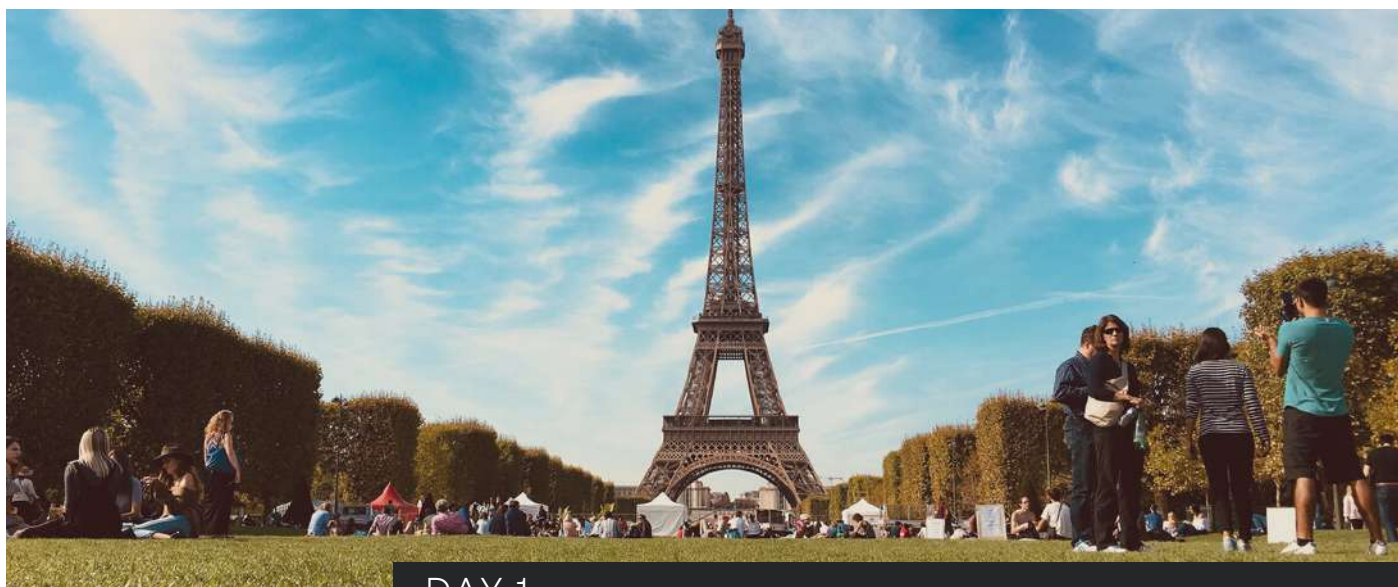
MONTMARTRE	MOULIN ROUGE
SACRÉ-CŒUR	
VIGNE DU CLOSE	

DAY 6:

LE MARAIS	PANTHÉON
CARNAVALET MUSEUM	LUXEMBOURG GARDENS
PLACE DE LA BASTILLE	SAINT-GERMAIN-DES-PRÉS

DAY 7:

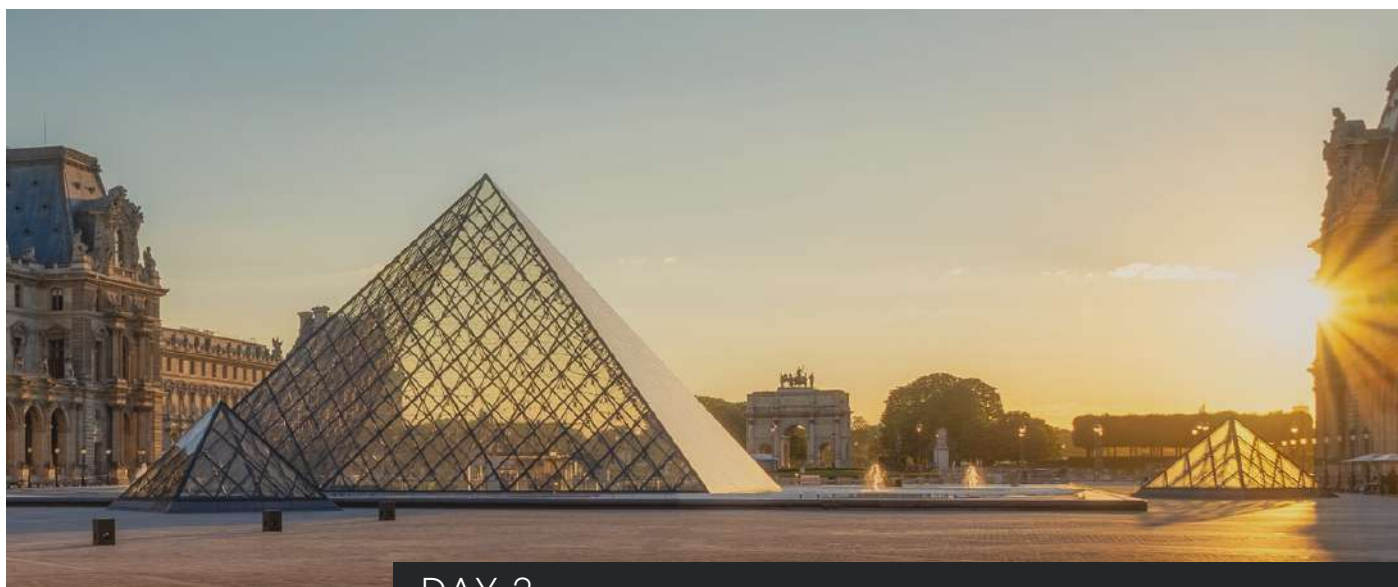
MUSEE D'ORSAY	NOTRE-DAME
LES INVALIDES	ÎLE SAINT-LOUIS
SAINT-CHAPELLE	



DAY 1

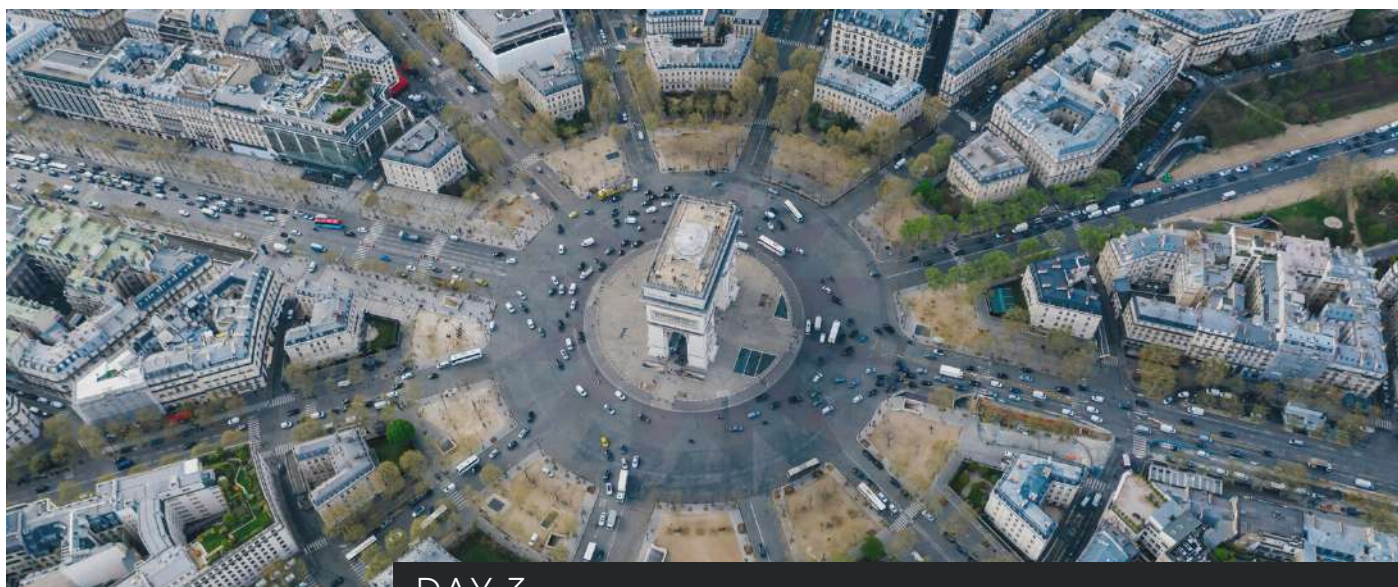
Since you will be traveling in from the US on an overnight flight, you will arrive into Charles de Gaulle (CDG) airport in the early morning of your first day in Paris. If your hotel room or vacation rental is not available for check in when you arrive, I suggest dropping your luggage off and getting your day started by walking as soon as you can. This will help you stay awake. All times listed below serve as a guide and are approximate.

Time	Activity
8:00AM - 12:00PM	Grab an espresso in the airport (you're going to need it) before grabbing a taxi. Take a taxi from CDG to your hotel / vacation rental. Cost: approximately €60. Drop off luggage. Find a grocery store and pick up a bottle of wine, wine opener, some cheese and charcuterie. You'll need these items for later. Then you can either walk or take the metro to the <u>Eiffel Tower</u> .
12:00PM - 2:00PM	You will spend roughly 2.5 hours as you ascend to the top floor of the tower. The views are breathtaking. Make sure to take lots of pictures! Cost: €28.30
2:00PM - 4:00PM	Once your time at the Eiffel Tower has come to an end, find a spot in the grassy area of the Champ de Mars and have yourself a picnic! This is a quintessential activity when visiting Paris. Le belle vie!



DAY 2

Time	Activity
9:00AM - 12:00PM	Start your day at the Louvre Museum exploring the magnificent works of art that are housed there. Be sure to see the Mona Lisa, Venus de Milo and the Winged Victory of Samothrace. Cost: €17
12:00PM - 1:30PM	Have lunch at Angelina on Rue de Rivoli. Treat yourself to their signature pastry, the Mont Blanc, you won't regret it.
1:30PM - 2:30PM	Spend some time walking through the beautiful Tuileries Garden on your way to the Musée de l'Orangerie .
2:30PM - 4:00PM	Check out Claude Monet's sprawling series of water lily paintings, Les Nymphéas at Musée de l'Orangerie. Cost: €12.50
4:00PM - 4:20PM	As you exit the museum, walk a short distance to the Place de la Concorde to see the Agent Egyptian Luxor Obelisks that dates back 3,000 years.
4:30PM - 5:00PM	Just a short walk away is the Madeleine Church which was built in the style of a Greek temple.
5:00PM - 6:30PM	Grab a cocktail or 2 at the iconic Bar Hemingway at The Ritz.



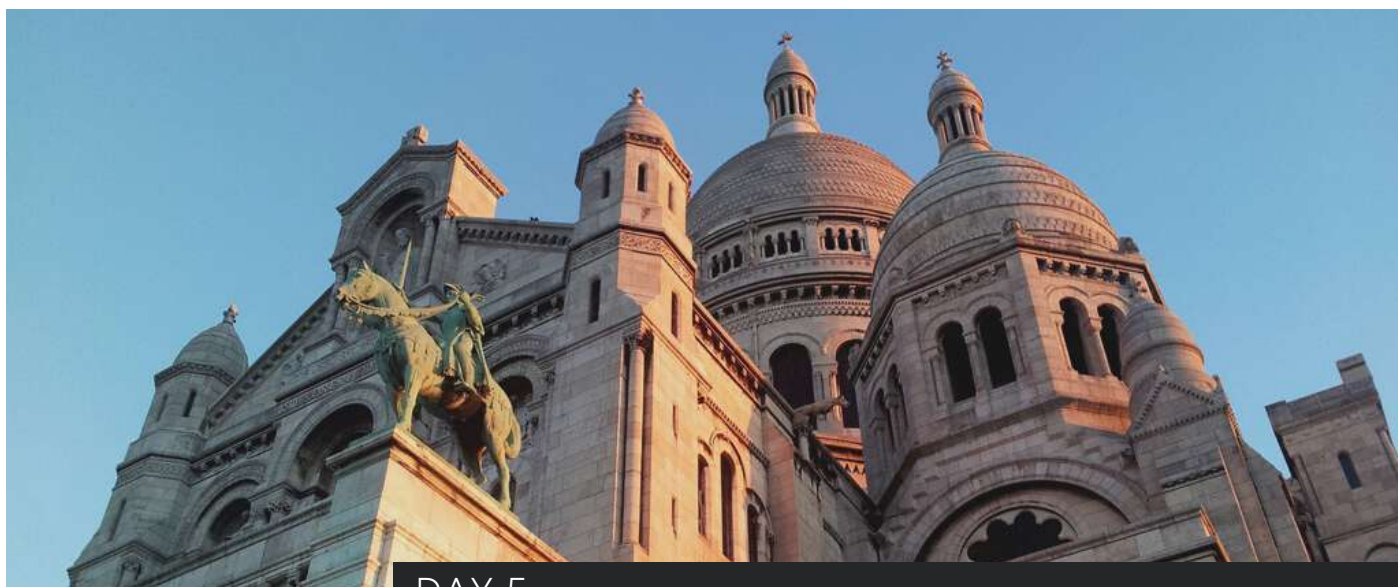
DAY 3

Time	Activity
10:00AM - 3:00PM	Walk or take the Metro and get off at the Concorde stop. Head west to the Avenue des Champs-Élysées. I suggest walking all the way up Champs-Élysées, stopping along the way to check out the different stores and shopping options. There is a huge Louis Vuitton store that is a must see. There are also plenty of cafés and restaurants dotted along Champs-Élysées that are great places to rest your feet and grab a light bite, espresso or glass of wine. Be sure to walk down some of the side streets to find additional unique shopping and restaurants. I would plan to spend the first half of the day in this part of Paris.
3:00PM - 4:30PM	Once you've made your way up Champs-Élysées you will intersect with one of Paris' most famous monuments, the <u>Arc de Triomphe</u>. The Arc is in the center of the Place Charles de Gaulle étoile where 12 different avenues meet. I suggest purchasing a ticket and climbing the 284 steps to the top of the Arc as you will get panoramic views of Paris. Cost: €13.00
5:00PM - 8:00PM	Jump on the Metro at Charles de Gaulle - Étoile and head back to the 6th arrondissement. Have dinner at the oldest café in Paris, <u>Le Procope</u>.



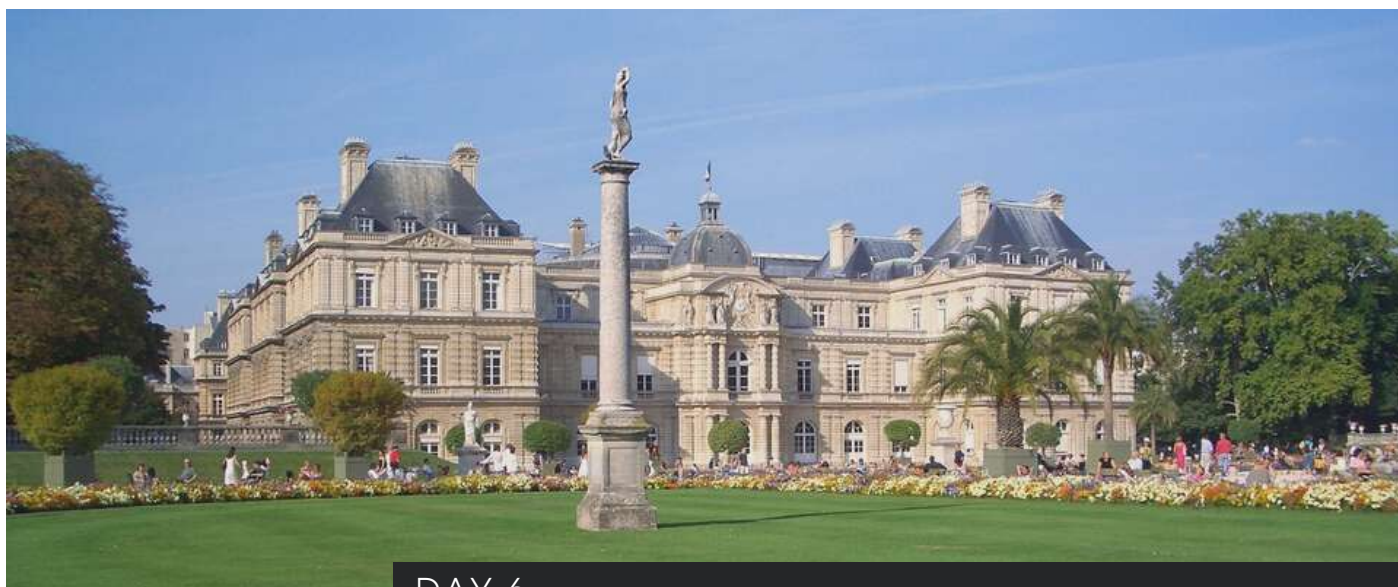
DAY 4

Time	Activity
10:00AM - 12:00PM	Tour the <u>Palais Garnier</u> which is a 1,979-seat opera house built in 1861 that boasts beautiful architecture worthy of a King. Cost: €14.00 Self Guided tour, €18.50 Guided tour
12:00PM - 3:00PM	Check out the amazing French multi-level department stores in the area. Go to the rooftop of the Galeries Lafayette Haussmann. Then head over to Printemps Haussmann. Nobody curates department stores like the French. Très magnifique!
3:00PM - 4:00PM	Grab a delectable pastry from the Instagram famous <u>Cédric Grolet</u> at his Opéra location.
4:00PM - 5:00PM	Walk along Rue Saint-Honoré to see all of the famous French fashion houses and other high-end designer stores.
5:00PM - 6:00PM	Round out your day on the Right Bank with a stroll through the tree-lined walkways of the Palais-Royal Garden.
6:00PM - 6:30PM	Walk back over the Seine via the Pont des Arts bridge back to the Left Bank.
7:00PM - 9:00PM	Have dinner at <u>Le Monteverdi</u> in the 6th. Savor the Italian cuisine while listening to a live pianist.



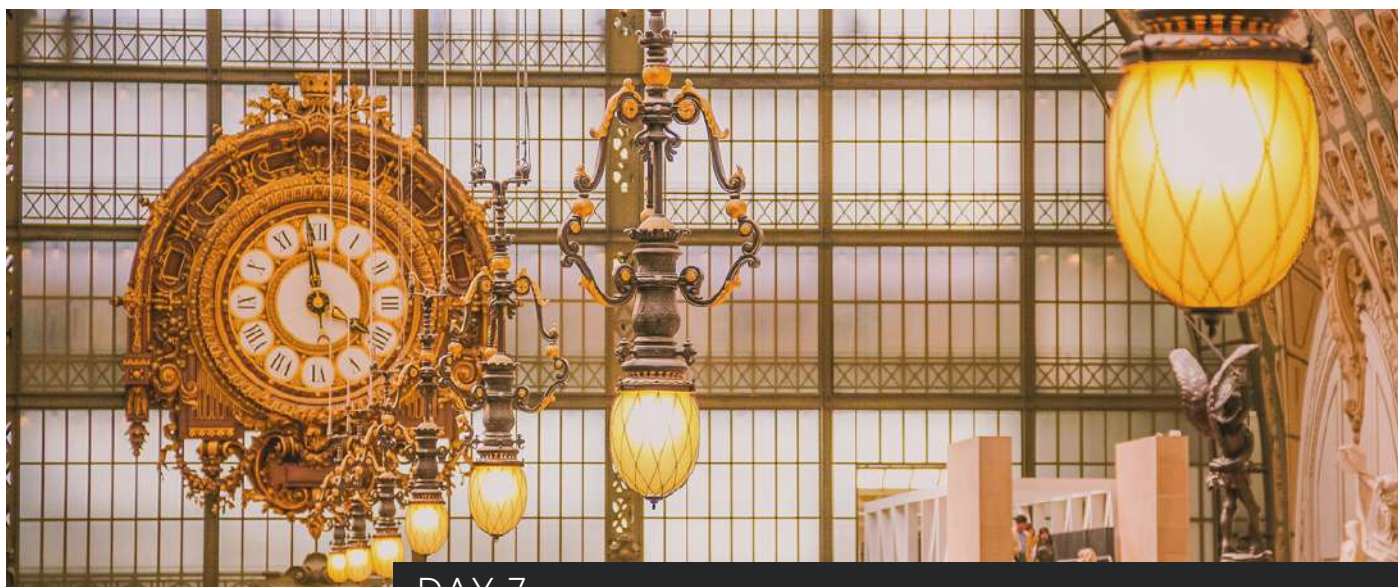
DAY 5

Time	Activity
10:00AM - 12:00PM	Spend the day exploring gems in the 18th arrondissement. Take the metro and get off at the Abbesses stop. Walk through the cobblestone streets of Montmartre known for its many bistros and artists' studios.
12:00PM - 1:00PM	Walk up the stairs to the left of the Square Louise Michel or take the Funicular of Montmartre up to Rue Saint-Éleuthère. You'll find a beautiful overlook of Paris perfect for taking pictures.
1:00PM - 2:00PM	Next, visit <u>Sacré-Cœur</u> (The Basilica of the Sacred Heart of Paris). Cost: Free, unless you want to explore the dome and crypt. If so, that cost is €8.00.
2:00PM - 3:30PM	Have lunch at <u>La Maison Rose</u> which has been serving up coffee for over 100 years.
3:30PM - 4:00PM	Stroll by Vignes du Clos Montmartre which is the oldest vineyard in the capital and has been in operation since 1933.
5:00PM - 6:30PM	Grab a grab a glass of wine at La Cave des Abbesses.
7:00PM - 9:00PM	Enjoy dinner & a show at the birthplace of the famous French Cancan, the <u>Moulin Rouge</u> . Cost: €220



DAY 6

Time	Activity
9:00AM - 10:00AM	Start the day exploring the Le Marais neighborhood which is located in the 3rd arrondissement and known for it's old-world charm and multitude of 17th-century private mansions.
10:00AM - 1:00PM	Learn all about the history of Paris at the Carnavalet museum . Cost: Free
1:00PM - 1:30PM	Walk to the Place de la Bastille to see the Génie de la Liberté (Spirit of Freedom) which commemorates the revolution of 1830.
2:00PM - 3:30PM	Head across the Seine and tour the Panthéon where the likes of Voltaire, Victor Hugo, Marie Curie and Josephine Baker are buried. Cost: €11.50
3:30PM - 4:30PM	Admire the flowers as you stroll through the Luxembourg Gardens. Created in 1612 by King Henry IV's widow, Marie de' Medici.
4:30PM - 6:00PM	Post up at L'Avant Comptoir du Marché for a glass of wine, some fresh bread and a mound of butter the size of your head. Anthony Bourdain loved it.
6:00PM - 10:00PM	Have dinner at L'Atelier Roulière followed by a night cap down in the brick lined cellar at Chez Georges.



DAY 7

Time	Activity
10:00AM - 12:00PM	Visit Napoleon I's final resting place at <u>Les Invalides</u> . The property was commissioned in 1670 by Louis XIV to provide hospital care for wounded soldiers. Cost: €16.00
12:00PM - 3:00PM	Walk to <u>Musee d'Orsay</u> which was once a train station built in the late 1800s. It holds mainly French art dating from 1848 to 1914. Cost: €16.00
3:00PM - 4:00PM	Stroll along the Seine to <u>Saint-Chapelle</u> which was the residence of the Kings of France until the 14th century. Construction began sometime after 1238. Cost: €11.50
4:00PM - 4:30PM	Walk by Notre-Dame Cathedral to see the rebuilding progress after a fire in April 2019 partially destroyed the upper part of the Cathedral. The re-opening is set for 2024.
4:30PM - 6:00PM	Check out the quaint streets on the small island of Île Saint-Louis. Grab a small bite to eat at Le Saint-Regis. Then enjoy some ice cream at the famous Berthillon tea room.
7:00PM - 9:00PM	Have dinner at <u>Le Train Bleu</u> for the perfect ending to your magnificent vacation in Paris!

Additional Activities

CRUISE ON THE SEINE

Pricing varies

A beautiful way to see Paris is from the water. There are a number of different cruise companies that offer sightseeing and dining cruises.

DAY TRIP TO THE PALACE OF VERSAILLES

€8 Roundtrip Train + €45.50 Entry Ticket

The original residence was primarily a hunting lodge and private retreat for Louis XIII.

CATACOMBS

€18 - €29

The Catacombs of Paris are underground ossuaries which hold the remains of more than six million people in a small part of a tunnel network.

RODIN MUSEUM

€14

The museum includes nearly 400 pieces of art by Rodin among its galleries and surrounding gardens including his most famous sculpture, The Thinker.

DAY TRIP TO THE CHAMPAGNE REGION

Transportation & wine tasting fees vary

Reims is a city in northeastern France's Grand Est region. It's the unofficial capital of the Champagne wine-growing region, and many of the champagne houses headquartered there offer tastings and cellar tours.



Food & Drink

Restaurants

- L'ATELIER ROULIÈRE
- LA GRAND CRÈMERIE
- LA TRAIN BLEU
- VIA EMILIA
- FREDDY'S
- L'AVANT COMPTOIR DU MARCHÉ
- BREIZH CAFÉ
- CAFÉ VARENNE
- LE SÈVRES RASPAIL
- LE PROCOPE
- LE SAINT-REGIS
- LE MONTEVERDI
- CAFÉ DE L'OLYMPIA
- CAFÉ DE FLORE
- BRASSERIE LIPP
- LES DEUX MAGOTS
- BRASSERIE LUTETIA
- LA GRANDE ÉPICERIE

Pastry & Chocolate

- PIERRA HERMÉ
- CEDRIC GROLET
- MAISON GEORGES LARNICOL
- ANGELINA
- LADURÉE
- LINDT SHOP PARIS OPERA
- CARETTE

Cheese

- FROMAGERIE QUATREHOMME
- LA GRANDE ÉPICERIE
- FROMAGERIE ANDROUET - BELLES FEUILLES
- FROMAGERIE LAURENT DUBOIS

Boulangeries

- LA PARISIENNE MADAME
- ERIC KAYSER
- LA GRANDE ÉPICERIE

Wine & Spirits

- COMPTOIR DES ELIXIRS
- NICOLAS
- LA GRANDE ÉPICERIE

Note: La Grande Épicerie at Le Bon Marché has everything you could ever dream of in the food and drink category. Make sure to check it out.

Shopping & Personal Care

Department Stores

- LE BON MARCHÉ
- BHV MARAIS
- SAMARITAINE
- GALERIES LAFAYETTE
- PRINTEMPS

Luxury Designer Stores

- CHANEL
- GOYARD
- HERMÈS
- DIOR
- CELINE
- YVES SAINT LAURENT
- LOUIS VUITTON

Spas

- LE NARCISSE BLANC
- BIOLOGIQUE RECHERCHE
- SPA AT THE MANDARIN ORIENTAL
- SPA THÉMAÉ PARIS
- DIOR SPA PLAZA ATHÉNÉE

Perfume

- GUERLAIN
- CELINE
- L'ARTISAN PARFUMEUR
- DIPTYQUE
- FRAGONARD
- MAISON FRANCIS KURKDJIAN



Getting Around

There are multiple transportation options when it comes to getting around Paris.

WALKING

I prefer to walk as much as possible. It's a great way to orient yourself with the city and get the lay of the land. Paris is a very walkable. Get those steps in!

FREE



METRO

I personally love the subway system in Paris because it is so easy to navigate and trains run frequently. Tix can be purchased in train stations and in some tobacconists.

€1.90



BUS

The bus is a fantastic mode of transportation after a long day of walking. It's sometimes less reliable than the metro due to traffic on the roads.

€1.90



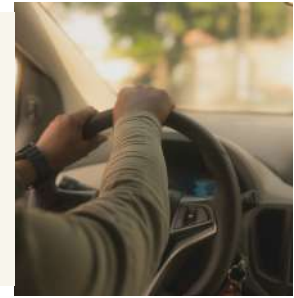
**HOT
TIP**

Purchase a t+ ticket if you plan on using both the metro and buses. The t+ ticket allows you to travel using the metro, the RER in zone 1, the Île-de-France region's bus lines (except Orlybus and Roissybus), the tramways, and the Montmartre funicular. A single one-way ticket starts at €1.90.

RIDE SHARE

Uber is available in Paris. It's a more expensive option for getting around, but it's extremely convenient. If I'm trying to hoof it across town to get somewhere by a certain time, I'll just order an Uber. Slightly more expensive than a taxi.

FEE VARIES BASED ON DISTANCE AND VEHICLE SIZE



TAXI

There are taxis all over Paris. Most taxis can be found near the big hotels, by popular attractions, department stores and around the busiest squares. If the light is green atop the taxi, then it's available. More expensive than public transportation.

BASE FARE €2.60 + €1.05-€1.29/KM



BICYCLE

You can rent bicycles in Paris, but I don't recommend it unless you have biked in other big cities before. It's not for the faint of heart.

€19 TO €30



ELECTRIC SCOOTER

This is another form of transportation I do not recommend. The City of Paris is actually considering a ban on scooters due to safety concerns.

FEE VARIES



BOAT

The Batobus is a boat service that runs up and down the Seine and only operates seasonally from May to the end of September,

€17 TO €19



Helpful Tools

To ease your mind while you are exploring



POINTS OF INTEREST



Click on the icon to the left to access a map with all aforementioned attractions, restaurants and shopping bookmarked for your convenience. This will come in very handy while you are in the city. Google Maps is your friend!

TRANSLATION APPS



Download Google Translate or Deepl on your mobile device to help translate common words and phrases. Google Translate has a camera functionality that can help you translate menus!

CURRENCY CONVERTER



Click on the icon to the left to see the current rate of exchange for the US Dollar to the Euro. Keep in mind that the rate changes frequently.

RESTAURANT RESERVATIONS



You can typically book restaurant reservations in Paris via [The Fork](#) or directly on the restaurant's website. I suggest making a few dinner reservations during your stay, but allowing yourself to wing it too!

Things to Remember

To make your experience even better



TRY TO SPEAK FRENCH

Even though most people in Paris speak English, it is still respectful to try to speak French. Do your best to learn and practice some key phrases. Even if you mess up royally, people will be thankful that you tried!



RESTAURANT ETIQUETTE & INFO

Servers in Paris are paid a good living wage and do not work for tips. While it is not customary to tip, you certainly can and it is welcomed. Also, allow for plenty of time while eating out. Because servers do not work for tips, they are generally not in a hurry to turn over tables. And don't be afraid to flag a server down for anything you need, even the bill.



PACK A SMALL TOTE BAG

Grocery bags are not free in Paris. Carry a small, compact tote bag for any groceries you purchase or other goods that you purchase. Trust me, it will come in handy.



TALK TO THE LOCALS

Don't be afraid to ask local Parisians what they enjoy doing in their city and what they recommend. Sometimes the best hidden gems can't be found in guide books.

Packing List

CLOTHING

[illegible]

TOILETRIES

[illegible]

TECH & GADGETS

[illegible]

DOCUMENTS

☐	_____
☐	_____
☐	_____
☐	_____

MISC.

[illegible]